

# Spokane County Resource Guide



**2014 Edition**  
**Federal Defenders of Eastern Washington & Idaho**  
**10 North Post Street, Suite 700**  
**Spokane, Washington 99201**

# Spokane County Resource Guide

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Published by

**Federal Defenders of Eastern Washington & Idaho**

10 North Post Street, Suite 700

Spokane, Washington 99201

Andrea George, Executive Director

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## INTRODUCTION

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The Spokane County Resource Guide is designed as a reference tool to help attorneys and investigators give more specialized assistance to their clients beyond the investigative or legal roles. The purpose of this publication is to provide a well-organized guide to the organizations and agencies located in the Spokane area that may be helpful to clients outside of the legal spectrum.

The Resource Guide is divided into 14 sections based on the type of general assistance a client might require. This includes services ranging from basic needs such as clothing and food to medical care, housing, and education as well as other useful services. Many of the sections are also broken down into more specific subsections for further organization and clarity. Each section is organized alphabetically according to the name of the organization or agency, and each entry includes contact information such as address and phone number in addition to hours of operation and in many cases, a brief description of the services available for a wide variety of agencies in Spokane. The Table of Contents, also alphabetical, provides a basic outline to the Resource Guide as well as page numbers so organizations can be quickly and easily located within the guide.

Although not a comprehensive listing of all of the organizations available in Spokane, we hope the Resource Guide is a useful reference source and helps to further supplement your continuing hard work and dedication.

I extend a special thank you to Raylene Baird who compiled this guide for your use and Cary Christiansen for putting it on our webpage.

Andrea K. George  
Executive Director  
July, 2014

## **ACCESSING TREATMENT RESOURCES IN SPOKANE**

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### **TREATMENT IS AVAILABLE NOW!**

Treatment is immediately available at no cost for people who are part of the following groups of people:

- Low - income youth (220% of poverty level)
- Medicaid - eligible youth
- SSI recipients – Aged, Blind, Disabled
- Disability Lifeline (DL)
- TANF Recipients – (Temporary Aid for Needy Families)
- Any other Medicaid Eligible Persons

### **SUBSTANCE ABUSE TREATMENT GENERAL INFORMATION**

Substance Abuse Treatment programs are funded through a contract with the Washington State Department of Social and Health Services (DSHS), and the Division of Behavioral Health and Recovery (DBHR). Programs focus on individuals and families who suffer from the consequences of substance abuse or addiction and who are representative of low incomes, indigent or specialized populations.

Treatment programs are available for adults, youth, pregnant and parenting women, and people with co-occurring disorders, such as substance abuse and mental health issues.

The Services offered by the System of Care Providers are as follows:

- Outreach and Education
- Chemical Dependency Assessment
- Mental Health Assessment
- Screening for Co-Occurring Disorders
- Sub-Acute Detoxification
- Sobering Services
- ADATSA Program Treatment and Stipend
- Individual and Group Therapy
- Outpatient Treatment Services
- Inpatient Treatment Services
- Court Ordered Treatment Services

- Involuntary Treatment Service
- Support Services such as childcare, travel, mental health treatment in Spokane, you care and recovery care.

## **ALL ABOUT ADATSA –ALCOHOLISM AND DRUG ADDICTION TREATMENT AND SUPPORT ACT (A reference guide can be found at the Federal Defenders Office)**

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The “ABC’s of ADATSA” is designed as a reference guide for the Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) program that was established in 1987. The intent of the ADATSA funded program is to provide treatment and support services for indigent adults deemed unemployable and incapacitated, due solely to alcoholism or drug addiction. The purpose of the publication is to provide continuing support to those seeking recovery services by outlining the ADATSA program and its components. The ADC’s of ADATSA includes information such as an overview of the program, eligibility requirements, and the application process as well as the benefits and processes of ADATSA.

## **ALCOHOL AND DRUG REHABILITATION:**

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### **Abstemious Outpatient Clinic, Inc.**

10525 East Main Avenue  
Spokane Valley, Washington 99206  
509.927.7814  
Outpatient Drug Treatment

### **Adept Assessment and Treatment Center**

- 1321 North Ash Street  
Spokane, Washington 99201  
509.327.3120
- 104 W. Crawford Road  
Deer Park, Washington 99006  
509.276.2797

### **Adolescent Alcohol/Drug Intensive Outpatient Treatment Program Native Project**

1803 West Maxwell Avenue  
Spokane, Washington 99201  
509.325.5502

### **Al-Anon and Alateen Referral**

<http://www.spokane.al-anon.org>

1700 West 7<sup>th</sup> Avenue  
Spokane, Washington 99204  
509.456.2125

### **Alcoholics Anonymous**

1614 West Riverside Avenue, LL55  
Spokane, Washington 99201  
509.624.1442

The A.A. program, set forth in our Twelve Steps, offers the alcoholic a way to develop a satisfying life without alcohol.



## **American Behavioral Health Systems**

- 12715 East Mission Avenue  
Spokane, Washington 99216  
509.232.5766  
Residential inpatient treatment for chemically dependent men and women.
- 500 S.E. Washington  
Chehalis, Washington 98532  
360.748.4776  
Residential inpatient treatment for chemically dependent men and women.

## **Anna Ogden Hall (Union Gospel Mission)**

2528 West Dean Avenue  
Spokane, Washington 99201  
509.327.7737

Home-like shelter and long term recovery program for women with or without children.

## **Ascenda (DBA Christmas House)**

3000 West Sunset Boulevard  
Spokane, Washington 99224  
509.624.4045

Helps those in recovery with community outreach. Also provides transitional housing.

## **Celebrate Recovery**

<http://www.celebraterecovery.com>

Christian based alcohol recovery program. See website for numbers and locations.  
Community outreach for those in recovery.

## **Colonial Clinic**

[www.colonialclinic.com](http://www.colonialclinic.com)

910 North Washington Street, Suite 210  
Spokane, Washington 99201  
509.327.9831

Outpatient treatment.

**Community Detox Services of Spokane**

312 West 8<sup>th</sup> Avenue

Spokane, Washington 99204

509.477.4260

Residential short-term treatment (30 days or less).

**CUB House**

615 South Thor Street

Spokane, Washington 99202

509.535.4443

Transitional housing for chemically dependent, homeless men desiring a life change.

**Daybreak Youth Services**

<http://www.daybreakinfo.org>

960 East 3<sup>rd</sup> Avenue

Spokane, Washington 99202

509.444.7033

Outpatient treatment for youth.

**Excelsior Youth Centers, Inc.**

3754 West Indian Trails Road

Spokane, Washington 99208

509.328.7041/800.466.5574

**Gateway Counseling Services**

701 East 3<sup>rd</sup> Avenue, Suite 101

Spokane, Washington 99202

509.532.8855

**Greater Spokane Substance Abuse Council (GSSAC)**

<http://www.gssacpreventioncenter.com>

8104 East Sprague Avenue

Spokane, Washington 99212

509.922.8383

Community programs to help find solutions to alcohol, tobacco and drug abuse.

**Healing Lodge of the Seven Nations**

<http://www.healinglodge.org>

5600 East 8<sup>th</sup> Avenue

Spokane, Washington 99212

509.533.6910

Programs for chemically dependent American Indian Youth.

**Isabella House**

2308 West 3<sup>rd</sup> Avenue

Spokane, Washington 99201

509.624.1244

180 bed residential substance abuse treatment center for women 18+ who are pregnant or a parent of a child younger than 6.

**Lakeside Recovery Centers of Spokane**

3710 North Monroe Street

Spokane, Washington 99205

509.328.5234

**The Native Project**

<http://www.nativeproject.org>

1803 West Maxwell Avenue

Spokane, Washington 99201

509.325.5502

Alcohol and drug counseling. Mental health counseling for families and individuals and after-care for families and youths ages 10-20.

**New Directions Outpatient Substance Abuse Services**

539 West Sharp Avenue, Suite B

Spokane, Washington 99201

509.838.0304

Chemical dependency assessments, mental health and substance abuse services.

**New Horizons Counseling and Outpatient Services**

- 504 E. 2<sup>nd</sup> Avenue  
Spokane, Washington 99202  
509.838.6092

Treatment for problem gamblers, deferred alcohol treatment for DUI and abuse treatment.

- 15407 East Mission Avenue  
Spokane Valley, Washington 99037  
509.927.1543

### **New Horizon Transitional Housing**

509.624.1244 ext. 32

### **Northeast Washington Treatment Alternatives (NEWTA)**

<http://www.newta.org>

1224 North Ash Street

Spokane, Washington 99201

509.326.7740

Includes drug court programs, juvenile services, substance abuse assessment and monitoring, DUI and pre-trial evaluation. Intensive outpatient and regular outpatient treatment. Also relapse prevention.

### **Oxford Housing Hotline**

509.216.0331

There are 26 Oxford homes in Spokane, 20 men's houses (one that allows children) and 6 women houses (4 that allow children).

Oxford Houses are an affordable, clean, and sober housing option for individuals in recovery. You can send written correspondence to:

Blake Bippes

(Outreach)

Post Office Box 30627

Spokane, WA 99223

(509) 434-6610

**bbippes@msn.com**

Or call one of the Oxford Transitional housing numbers for Spokane County. They are as follows:

- Bernard Oxford (Men's)  
South 3621 Bernard Street  
Spokane, WA 99203  
(509) 863-9307

- Hamblen Oxford (Men's)  
2317 East 49th Avenue  
Spokane, WA 99223  
(509) 443-3537
- Helena Oxford (Men's)  
1719 East 59th Avenue  
Spokane, WA 99223  
(509) 459-9221
- Hillyard (Women's)  
3008 East Euclid Avenue  
Spokane, Washington 99207  
509.279.2468
- Latawah Oxford (Men's)  
436 East 27th Avenue  
Spokane, WA 99203  
(509) 279-2727
- Lincoln-Heights Oxford (Men's)  
1507 East 39th Avenue  
Spokane, WA 99203  
(509) 624-5387
- Spokane Falls Oxford (Men's)  
3527 East 32nd Avenue  
Spokane, WA 99223  
(509) 279-2618
- Spokane Grand Oxford (Women's)  
904 East 30th Avenue  
Spokane, WA 99203  
(509) 744-3415

**P-CAP (Parent-Children Assistance Program)**

422 East 2<sup>nd</sup> Avenue  
Spokane, Washington 99202  
509.838.6092

Program works with women who have used chemicals during a current pregnancy or are within 6 months postpartum.

**SPARC (Spokane Addiction Recovery Centers)**

- 1508 West 6th Avenue  
Spokane, Washington 99204  
509.624.5228  
Outpatient and intensive inpatient recovery house programs for adults.
- 812 South Walnut Street  
Spokane, WA 99204  
509.624.3251

**STEPPS YFA Connections**

22 S. Thor Street  
Spokane, Washington 99202  
509.532.2000

**Sunray Court**

518 South Browne Street  
Spokane, Washington 99204  
509.456.5465  
30 and 90 day residential treatment for males 18+.

**Veterans Affairs Medical Center Substance Abuse Treatment Program**

4815 North Assembly Street  
Spokane, Washington 99205  
509.434.7000

**Victory Outreach Home**

<http://www.victoryoutreach.org>

2901 North Park Road  
Spokane, Washington 99212  
509.489.4808

One year home for women for substance abuse rehabilitation.

**Washington Alcohol & Drug Rehab** (Spokane County Community Services)

312 West 8<sup>th</sup> Avenue

Spokane, Washington 99204

509.477.5722

Rehabilitation for drug and alcohol addiction.

**YFA Connections**

<http://www.yfaconnections.org>

22 South Thor Street

Spokane, Washington 99202

509.532.2000

**Outpatient treatment for chemical dependency/co-occurring disorders, low-income/indigent adults**

## **CLOTHING AND FOOD ASSISTANCE**

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### **CLOTHING/FOOD BANKS COMBINED**

#### **American Indian Center**

801 East 2<sup>nd</sup> Avenue, Suite10  
Spokane, Washington 99202  
509.535.0886

Tuesday – Thursday 9:00 – 12:00 and 1:00 – 4:30  
Serves zip code 99202

#### **Better Living Center**

25 East North Foothills Drive  
Spokane, Washington 99207  
509.325.1258

#### **Calvary Baptist Church**

203 East 3<sup>rd</sup> Avenue  
Spokane, Washington 99202  
509.747.8793

Hours of operation: 9:00 – 12:00, Monday, Wednesday and Saturday.

#### **Caritas Outreach Ministries**

2919 North Monroe Street  
Spokane, Washington 99205  
509.326.2249

Monday, Wednesday and Thursday 10:00 – 1:00  
Also helps with Avista and COS

#### **The City Gate Fellowship**

170 South Madison Street  
Spokane, Washington 99201  
509.455.9670

Hours of operation: 10:00 -3:00, Tuesday – Friday by appointment.



**East Central Community Center**

500 South Stone Street  
Spokane, Washington 99202  
509.625.6699

Hours of operation: 8:30 – 4:00, Monday – Friday by appointment only

**Living Hope Food Bank**

918 East Garland Avenue  
Spokane, Washington 99207  
509.487.3100  
509.323.0762

Hours of operation: 12:00 – 2:00, the third Thursday of the month.

**Mead Food Bank**

12611 North Wilson  
Mead, Washington 99021  
509.466.7068

**Medical Lake Outreach**

207 South Washington  
Medical Lake, Washington 99022  
509.299.3819

Hours of operation: 10:00 – 12:00, Friday only.

**Mission Community Outreach**

1906 East Mission Avenue  
Spokane, Washington 99207  
509.536.1084

Hours of operation: Monday, Wednesday and Friday for women and infants.

**NW Ecumenical Food Bank**

3908 North Driscoll Boulevard  
Spokane, Washington 99207  
509.325.9043

Hours of operation: 9:00 – 12:30, The 2<sup>nd</sup> and last Tuesdays of the month.

**Our Place Ministries**

1509 West College Avenue  
Spokane, Washington 99205  
509.326.7267

Hours of operation: 10:00 – 12:30, Monday, Tuesday, Thursday

**Peaceful Valley Center**

214 North Cedar Street  
Spokane, Washington 99201  
509.624.8634

Open to anyone in need.

**Salvation Army Family Services**

204 East Indiana Avenue  
Spokane, Washington 99207  
509.325.6821

Hours of operation: 9:00 – 5:00, Monday, Tuesday, Thursday and Friday.

Walk in: Wednesday 1:00 – 7:00

Saturday 9:00 – 1:00

**Serve Spokane**

4620 North Regal Street  
Spokane, Washington 99207  
509.444.8445

**Spokane Dream Center**

2128 North Pines Road  
Spokane Valley, Washington 99206  
509.924.2630

Free to the public with prayer and bible study.

**St. Peter Lutheran Food Bank**

4620 North Regal Street  
Spokane, Washington 99207  
509.487.4843/509.487.4943

Hours of operation: 8:30 – 12:00, Friday only.

## **CLOTHING BANKS**

### **Cheney Clothing Bank**

204 4<sup>th</sup> Street

Cheney, Washington 99004

509.235.4600

Hours of operation: 9:00 – 10:00 Wednesday

### **Christ's Community Closet**

9908 East Greenbluff Road

Colbert, Washington 99005

509.238.9100

Hours of operation: 12:00 – 3:00 Thursday

### **Clothes Closet: Central Lutheran**

512 South Bernard Street

Spokane, Washington 99204

509.624.9233

Hours of operation: 1:00 – 3:00 Wednesday only.

### **God's Closet-Central Adventist**

804 West Spofford Avenue

Spokane, Washington 99205

509.991.4541

### **Shalom Ministries**

518 West 3<sup>rd</sup> Avenue

Spokane, Washington 99201

509.445.9019

Open during meal serving times. 7:30 – 8:30 Monday – Thursday and 4:30 – 5:30 Monday only.

### **Union Gospel Mission**

1224 East Trent Avenue

Spokane, Washington 99202

509.535.8510

**VOA Emergency Services**

525 West 2<sup>nd</sup> Avenue  
Spokane, Washington 99201  
509.624.2378  
Hours of operation: All day.

**YWCA-Our Sisters Closet**

930 North Monroe Street  
Spokane, Washington 99201  
509.326.1190  
Hours of operation: 8:00 – 5:00, Monday – Friday.

**FOOD BANKS**

**Airway Heights Baptist**

12322 Sunset Highway  
Airway Heights, Washington 99001  
509.244.2474  
Hours of operation: 10:00 – 12:00 First and third Saturday.

**All Nations Christian Center**

1201 West Spofford Street  
Spokane, Washington 99205  
509.926.3933  
Hours of operation: After Sunday worship.

**Better Living Center**

25 East North Foothills Drive  
Spokane, Washington 99207  
509.325.1258

**Caritas Outreach Ministries**

2919 North Monroe Street  
Spokane, Washington 99205  
509.326.2249  
Hours of operation: 10:00 – 2:00 Monday, Wednesday and Thursday by appointment.

**Cheney Food Bank:**

3<sup>rd</sup> and C Street

Cheney, Washington 99004

509.235.2325

Hours of operation: 9:00 – 12:00 Wednesday only.

**The Greenhouse Food Bank**

West 206 First Avenue, Suite A

Deer Park, Washington 99006

509.276.2242

**Life River Fellowship**

2810 North Park Road

Spokane Valley, Washington 99212

509.924.9510

Hours of operation: 3<sup>rd</sup> Thursday 10:00 – 12:00

**Mead Food Bank**

12611 North Wilson Street

Mead, Washington 99021

509.466.7068

Hours of operation: 4:00 – 6:30 Wednesday only.

**Mending Fences Fellowship**

1906 East Sprague Avenue

Spokane, Washington 99202

509.489.5155

Hours of operation: 4:00 – 6:30 Tuesday only.

**North County Food Bank**

40015 North Collins Road

Elk, Washington 99009

509.292.2530

**Otis Orchards Food Bank**

4308 North Harvard Road

Otis Orchards, Washington 99027

509.926.6196

Hours of operation: 1<sup>st</sup> and 3<sup>rd</sup> Monday 12:00 – 2:00

**Serve Spokane**

8303 North Division

Spokane, Washington 99208

Hours of operation: 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month 10:00 – 12:00

**SNAP: Northeast Community Center**

4001 North Cook Street

Spokane, Washington 99207

509.487.1114

Hours of operation: By appointment only.

**Southside Food Pantry**

2934 East 27<sup>th</sup> Avenue

Spokane, Washington 99223

509.535.2301

Hours of operation: 10:30 – 12:00 Saturday only.

**Spangle Food Bank**

300 East 2<sup>nd</sup> Avenue

Spangle, Washington 99031

509.245.3362

Hours of operation: 2:00 – 3:00, 4<sup>th</sup> Wednesday of the month.

**Spokane AIDS Network**

905 South Monroe Street

Spokane, Washington 99204

509.455.8993

Hours of operation: 2<sup>nd</sup> and 4<sup>th</sup> Thursdays 1:00 – 4:00

**Valley Food Bank**

10814 East Broadway Avenue

Spokane Valley, Washington 99206

509.927.1153

Hours of operation: Wednesday 11:00 – 4:00

## **DISABILITY SERVICES:**

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### **Arc of Spokane**

<http://www.arc-spokane.org>

320 East 2<sup>nd</sup> Avenue  
Spokane, Washington 99202  
509.789.2247

Provides programs and services for people with developmental disabilities and their families.

### **Brain Injury Association of Washington**

<http://www.biawa.org>

### **St. Luke's Rehab**

711 South Cowley Street  
Spokane, Washington 99202  
509.473.6000

Membership suggested. Provides information, support and resources.

### **CORD** (Coalition for Responsible Disabled)

<http://www.cordwa.info>

612 North Maple Street  
Spokane, Washington 99201  
509.326.6355

Teaches independent living skills, offers peer support and gives information and referral services.

### **Catholic Housing Communities**

12 East 5<sup>th</sup> Avenue  
Spokane, Washington 99202  
509.624-5133

12 service-enriched apartment homes for persons with disabilities, families and single parents.

**Center Pointe**

1408 North Washington Street  
Spokane, Washington 99201  
509.325.5451

Adults and seniors with disabilities offering daily classes in education, recreation and social activities. Nominal fee.

**COPEs Elder Services**

5125 North Market Street  
Spokane, Washington 99207  
509.458.7450

Provides Medicaid program for personal care/household assistance to functionally impaired persons. 18 + living in own home. Long term care program.

**Department of Services for the Blind (DSB)**

510 West Riverside Avenue, Suite 209  
Spokane, Washington 99201  
509.456.4458

Helps with mobility services, Braille instruction, independent living skills, and computer technology services.

**Developmentally Disabled Recreation and Social Integration**

500 South Stone Street  
Spokane, Washington 99202  
509.625.6693

Recreation, classes, excursions and other social integration services.

**Disability Resource Center**

711 South Crowley Street, Suite 1023  
Spokane, Washington 99202  
509.473.6153

One-stop disability information. Nationwide contacts for residents of Eastern Washington.



**DDD-Division of Developmental Disabilities**

1611 West Indiana Avenue  
Spokane, Washington 99205  
509.329.2900

Support and services for mental retardation, cerebral palsy, epilepsy, autism and other neurological conditions 18+.

**DVR (WA Division of Vocational Rehabilitation)**

1313 North Atlantic Street  
Spokane, Washington 99201  
509.363.4700

Assists people with disabilities to prepare for, obtain and retain employment.

**Eastern Washington Center for Deaf & Hard of Hearing**

<http://www.ewcdhh.org>

1206 North Howard Street  
Spokane, Washington 99201  
509.328.9220

Helps with access to services for the deaf and hard of hearing.

**Epilepsy Foundation**

315 West Mission Avenue  
Spokane, Washington 99224  
509.325.1128

Advocacy, support, information, referrals and support to families affected by epilepsy.

**Lilac Society for the Blind**

1212 North Howard Street  
Spokane, Washington 99201  
509.328.9116

Mobility, communication skills, aids and appliances, reader services, home teaching, low vision services, training, and other services for the blind.

**Muscular Dystrophy Association**

101 West Indiana Avenue  
Spokane, Washington 99205  
509.325.3747

**National Multiple Sclerosis Society**

25 West Nora Avenue, Suite 100  
Spokane, Washington 99205  
509.482.2022/800.344.4867

**Skils-kin**

<http://www.skils-kin.org>

4004 East Boone Avenue  
Spokane, Washington 99202  
509.326.6760

Fees vary. Offers financial assistance/payee services, residential services and structured competitive employment.

**Washington Developmental Disabilities in County Programs:**

Spokane County Community Services  
312 West 8<sup>th</sup> Avenue  
Spokane, Washington 99204  
509.477.5722

## **DOMESTIC VIOLENCE and SEXUAL ASSAULT HELP**

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**WASHINGTON STATE 24-HOUR DOMESTIC VIOLENCE HOTLINE  
509.562-6025**

### **DOMESTIC VIOLENCE AGENCIES AND SAFE PLACES TO GO**

#### **Crime Victim/ Sexual Assault Victim Crisis Line**

210 West Sprague Avenue  
Spokane, Washington 99201  
509.747.8224

24 hour crime victim crisis line 866.751.7119

24 hour sexual assault crisis line - 509.624.7273

Counseling for sexual assault victims and crime victims. There is a therapist in the office.

#### **Crosswalk Youth Center**

525 West 2<sup>nd</sup> Avenue  
Spokane, Washington 99201  
509.838-6596

#### **Fairchild AFB Family Advocacy**

<http://www.fairchild.af.mi>

Fairchild Air Force Base  
701 Hospital Loop Road  
Airway Heights, Washington 99011  
509.247.2687

Counseling for families facing deployment, alcoholism and counseling service.

#### **Mission Community Outreach Center**

<http://www.4mission.org>

1906 East Mission Avenue  
Spokane, Washington 99202  
509.536.1084

Serving domestic violence families, supporting families with clothing, household items and bedding.

**YWCA- Alternatives to Domestic Violence**

<http://www.ywca.org>

930 North Monroe Street

Spokane, Washington 99201

**24-hour hotline: 509.326.2255**

509.835.4548/509.789.9289

Safe housing for victims of domestic violence, counseling services and childcare.

## **FAITH BASED VICTIMS PROGRAMS FOR DOMESTIC VIOLENCE –**

### **CAMAS PATH**

934 South Garfield Street

Airway Heights, Washington 99001

509.456.0799/509.789.7630

Provides crisis individual or family counseling, faith-based advocacy, medical and legal advocacy services.

### **Miryam's House**

1805 North 9<sup>th</sup> Avenue

Spokane, Washington 99204

509.747.9153/509.747.9222

Supportive, chemical free residence for women in transition from abuse. .

### **Union Gospel Missions' Crisis Shelter for Women and Children**

1234 E. Sprague Avenue

Spokane, Washington 99202

509.535.0486

Helps homeless single women and single women with children struggling to overcome drug and alcohol addictions as well as other life controlling behaviors.

### **Vanessa Behan Crisis Nursery**

<http://www.vanessabehan.org>

1004 East 8<sup>th</sup> Avenue

Spokane, Washington 99202

509.535.3155

Helping Women, children & youth with crisis support, homelessness and housing.

**Women Spirit Coalition**

<http://www.womenspiritcoalition.org>

**1.800.799.7223**

**1.800.656.4633**

**Morrell Child & Family Counseling**

5901 N Lidgerwood Street

Spokane, WA 99208

509.590.2585

Domestic Violence Counseling for adults and children.

**SEXUAL ABUSE AGENCIES**

**Sexual Assault and Family Trauma Crisis Response**

210 West Sprague Avenue

Spokane, Washington 99201

509.624.7273

**Sexual Assault and Family Trauma (SAFeT) Response Center**

210 West Sprague Avenue

Spokane, Washington 99201

509.747.8224

## EDUCATION

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### **GED/HIGH SCHOOL DIPLOMA PROGRAMS:**

#### **GED Program through Spokane Community College**

3415 North Pines Road  
Spokane, Washington 99206  
509.927.9504

#### **GED Testing Centers** (Includes all Washington State Centers)

<http://www.sbctc.ctc.edu>

#### **H.O.M.E.** (Helping Ourselves Means Education):

<http://www.ewu.edu>

Designed to help welfare recipients leave the welfare system.

#### **Help with obtaining a High School Diploma or GED**

[WorkFirst / Project Self-Sufficiency](#)

509.533.8517 (Hillyard Center)  
509.533.4631 (Adult Education Center)

#### **Adult Education and Transitional Studies**

<http://www.iel.spokane.edu>

2310 North Monroe Street  
Spokane, Washington 99205  
509.533.4600

#### **Business and Community Training**

<http://www.iel.spokane.edu>

509.279.6252 (office)  
Community Education 509.279.627  
Seniors Program 509.279.6027

### **Career Path Services**

<http://www.careerpathservices.org>

Peyton Building

10 North Post Street, Suite 200

Spokane, Washington 99201

509.326.7520

Workforce development, employment, training, and basic education to economically disadvantaged adults, dislocated workers, and youth. Also services for people with disabilities and developmental disabilities including DVR and individual supported employment services.

### **Eastern Washington University**

207 "C" Street

Cheney, Washington 99004

509.359.4237

FREE provides advocacy, networking, and referrals for parents and students.

### **Head Start/Early Head Start/ECEAP**

<http://www.iel.spokane.edu>

3939 North Freya Street

Spokane, Washington 99217

509.533.4800

Part of the Institute for Extended Learning. Child care for Low income families.

### **Hillyard Center**

4410 North Market Street

Spokane, Washington 99207

509.533.8519

Adult education programs, GED, High School completion, ESL, Citizenship classes, Families that work, work experience, computer lab classes, PACE services, senior programs and head start preschool classes.

## **IEL – Institute for Extended Learning**

3305 West Fort George Wright Drive  
Spokane Washington, 99205  
509.279.6200

## **Job Corps**

<http://www.jobcorps.org>

140 South Arthur Street, Suite 408  
Spokane, Washington 99202  
509.534.2269 ages 16-24

Job Corps is a **free** education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth.

## **Life Skills**

<http://www.iel.spokane.edu>

3305 West Fort George Wright Drive  
Spokane, Washington 99224  
509.279.6045

## **Women in Nontraditional Settings (WINS)**

2310 North Monroe Street  
Spokane, Washington 99205  
509.533.4600

## **COLLEGES**

### **Apollo College, Spokane**

<http://www.apollocollege.edu>

10102 East Knox Avenue, Suite 200  
Spokane, Washington 99206  
509.378.3628

### **Eastern Washington University**

<http://www.ewu.edu>

526 5<sup>th</sup> Street  
Cheney, Washington 99004  
509.359.6200



**Gonzaga University**

<http://www.gonzaga.edu>

502 East Boone Avenue  
Spokane, Washington 99258  
509.325.3561

**ITT Tech**

<http://www.itt-tech.edu>

502 East Boone Avenue  
Spokane, Washington 99202  
509.328.4220

**Spokane Community College**

<http://www.scc.spokane.edu>

1810 North Greene Street  
Spokane, Washington 99217  
509.533.7000

**Spokane Falls Community College**

<http://www.spokanefalls.edu>

3410 West Fort George Wright Drive  
Spokane, Washington 99224  
509.533.3500

**Whitworth University**

<http://www.whitworth.edu>

300 West Hawthorne Road  
Spokane, Washington 99251  
509.777.1000

## **EMPLOYMENT ASSISTANCE**

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Agencies that help find employment, help with training and help with resumes, cover letters and general information for gaining and keeping employment.

### **Adult Basic Education (ABE) Programs**

2310 North Monroe Street  
Spokane, Washington 99205  
509.533.4600

\$25 fee per quarter with financial assistance available for eligible students.  
Instruction in the basic skills of reading, writing and math for adults.

### **American Indian Employment and Training Services:**

American Indian Community Center  
905 East 3<sup>rd</sup> Avenue  
Spokane, Washington 99202  
509.535.0886

FREE employment and training services to disadvantaged American Indians.

### **Corrections Learning Network**

<http://www.esd101.net>

4202 South Regal Street  
Spokane, Washington 99223  
509.323.2787/509.323.2767

### **East Central Community Center**

500 South Stone Street  
Spokane, Washington 99202  
509.625.6699

Help with resumes, cover letters and support while looking for employment.

### **Goodwill Industries /Good Works**

<http://www.giin.org>

130 East 3<sup>rd</sup> Avenue  
Spokane, Washington 99202  
509.344.0163

Training and providing quality services for people and businesses in the community.

**NOVA Services**

1101 North Fancher Road  
Spokane Valley, Washington 99212  
509.928.1588

Provides employment options to persons with disabilities.

**PACE services**

4410 North Market Street  
Spokane, Washington 99207  
509.533.8550

Provides education, resource coordination and vocational support for people with learning disabilities, development disabilities, and mental health disabilities to help them break barriers to employment.

**SCC Community, Career, and Employment Services**

<http://www.scc.spokane.edu>

1810 North Greene Street. Building 6  
Spokane, Washington 99217  
509.533.7249

Worker retraining, career services.

**SFCC Career Center**

<http://www.spokanefalls.edu>

3410 West Fort George Wright Drive  
Spokane, Washington 99224  
509.533.3540

Supports and helps develop student's abilities to create personal satisfaction and fulfillment on their career paths.

**Skills-kin Employment Services**

<http://www.skills-kin.org>

4004 East Boone Avenue  
Spokane, Washington 99202  
509.326.6760

Fees vary. Offers financial assistance/payee services, residential services and structured competitive employment.

**SL Start Employment Services**

<http://www.slstart.com>

901 North Monroe, Suite 200

Spokane, Washington 99201

509.328.2740

Services for children and adults with developmental disabilities. Employment programs for Washington and Idaho.

**Spokane County Human Resources-Job Hotline**

<http://www.spokanecounty.org>

1229 West Mallon Avenue

Spokane, Washington 99201

509.477.6020

Connecting people with job listings online.

**WIA (Workforce Investment Act)**

<http://www.wdcpokane.com>

2000 N. Greene Street, MS 2158

Building 50 – Max Snyder

Spokane, Washington 99217

509.533.8480

Development planning, education and training efforts in the community.

**WINS (Women in Non-traditional Settings)**

4410 North Market Street

Spokane, Washington 99207

509.533.8571/ 509.533.7036

**\$25 fee**

The program includes a pre-technical and pre-trades component, fundamental skills enhancement and basic computer training.

**WorkSource Spokane**

<http://www.workspokane.org>

130 South Arthur

Spokane, Washington 99202

509.532.3000

Offers classes in resume help, computers and job training courses.

## FINANCIAL ACCESS

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### **SNAP: FINANCIAL ACCESS,**

509.456.7106

Help in individual development accounts: for every dollar an individual saves, Access adds two dollars. Up to \$2000/\$4000 which the participant can use for down payment on a 1<sup>st</sup> home, college or education or starting a small business.

**Money Management Program:** helps participants to control finances and get out of debt. Coaching is also available to help with paying bills on time, and budgeting for emergencies.

**Small Business Development:** services are classes and workshops for running a business and evaluating a business idea. Helps participants to research and develop their own business plans.

**Vehicle Emission Repair Program:** helps participants who qualify to get their cars repaired if they fail an emissions test.

**Community Voicemail:** free 24 hour voice mail for people in crisis or transition to jobs, housing and other resources.

**Energy Assistance:** project share: emergency assistance. Heating assistance: help ease impact of winter bills. Senior Energy: for over 60.

### **Department of Social and Health Services**

Customer Service Call Center 877.501.2233

- 1313 North Maple Street  
Spokane, Washington 99201  
800.962.5762
- 8517 East Trent Avenue  
Spokane Valley, Washington 99212  
800.660.4370

## HEALTH CARE

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### **LOW COST MEDICAL, OPTICAL AND DENTAL CARE:**

#### **CHAS-Community Health Association of Spokane**

Community clinics providing quality medical and dental health care to all regardless of insurance status. Other services are HIV support 444.8200, Healthcare for Homeless 444.8200, Pharmacy services 343.1116, and patient billing info 444-7880.

- 9227 E. Main, 509.434.0313: medical
- 4001 N. Cook, 509.487.1604: medical
- 3919 N. Maple, 509.444.8200: medical/dental
- 1001 W. 2<sup>nd</sup> Ave, 509.444.8200: medical/dental
- 401 South Main Street, Deer Park, Washington 509.434.0292: medical/dental
- 5921 North Market Street, 509.444.8200: medical
- 5901 North Lidgerwood, Suite 126, 509.434.1990: urgent care/walk-ins
- 924 South Pines, 509.444.8200: medical

#### **Christ Clinic:**

914 West Carlisle Avenue  
Spokane, Washington 99205  
509.325.0393.

Nonprofit clinic caring for low income people with limited or no medical insurance.

#### **Deaconess Medical Center**

800 West 5<sup>th</sup> Avenue  
Spokane, Washington 99204  
509.473-5800

#### **Dental/Oral Hygiene Care**

Spokane District Dental Society  
202 East Pacific Avenue  
Spokane, Washington 99202  
509.838.0436

**EWU Dental Hygiene Care**

310 North Riverpoint, Suite 160  
Spokane, Washington 99202  
509.828.1300

**HIV/AIDS Program**

1101 West College Avenue, Room 372  
Spokane, Washington 99201  
509.324.1542

Provides resources and materials, testing, partner notification, needle exchange, case management and health care provider training.

**NATIVE Health of Spokane-Native Project**

1803 West Maxwell Avenue  
Spokane, Washington 99201  
509.483.7535

Primary and preventive care for all.

**Primary Care Medical Clinic East Central Community Center**

500 South Stone Street  
Spokane, Washington 99202  
509.474.0259

Nurse practitioner provides health care for all ages.

**Providence Holy Family**

5633 North Lidgerwood  
Spokane, Washington 99208  
509.482.0111

**Providence Sacred Heart**

101 West 8th Avenue  
Spokane, Washington 99201  
509.474.3131

**MENTAL HEALTH SERVICES**

**NATIONAL SUICIDE AND MENTAL CRISIS HOTLINE: 1.800.SUICIDE  
(784.2433), 1.800.273.TALK (8255)**

**ABBA Christian Counseling**

1909 East Sprague Avenue  
Spokane, Washington 99202  
509.534.6509

Christ-centered approach for depression, anxiety, chemical dependency, abuse, codependency and marital problems. Sliding fee applies.

**A Brief Counseling Center**

9507 North Division Street  
Spokane, Washington 99218  
509.466.6632

Pastoral counseling to prevent and heal relationship problems.

**Adult Outpatient/Multi Cultural Services**

103 East First Street  
Cheney, Washington 99004  
509.838.4651

Mental health services to African-American, Asian, Native American and Hispanic people. Other mental health services also.

**Bancroft School**

<http://www.spokaneschools.org>

1025 West Spofford Avenue  
Spokane, Washington 99205  
509.354.7100

Behavior intervention high school for special-ed students with behavioral problems.

**Catholic Charities Counseling Program**

<http://www.catholiccharitiesspokane.org>

12 East 5<sup>th</sup> Avenue  
Spokane, Washington 99202  
509.358.4250

Individual, couples, family, group and post abortion counseling. Sliding fee.

**Cedar Bridge Associates**

1503 West 7<sup>th</sup> Avenue  
Spokane, Washington 99204  
509.624-3561

Counseling Services.



**Child & Family Services**

1313 North Atlantic Street  
Spokane, Washington 99201  
509.353.3500

Working with parents, family members and community professionals and children who are experiencing behavioral problems in school, home, foster care and history of sexual/physical abuse.

**Eastern State Hospital**

850 Maple Street  
Medical Lake, Washington 99022  
509.565.4000

**Frontier Behavioral Health**

Behavioral health services to individuals in the Spokane region with mental health needs through outpatient treatment for adults, youth and their families, and elders, as well as crisis response and hospital diversion services. In addition, FBH operates two 16-bed inpatient Evaluation and Treatment facilities and a 16-bed Stabilization program.

- Evergreen Club  
2102 East Sprague Avenue  
Spokane, Washington 99202  
509.458.7454  
Psychosocial rehabilitation clubhouse for county residents 18 and over. Supportive outreach programs at work sites and promotes well-being and success in vital relevant jobs internally and externally.
- Family Service Spokane  
7 South Howard Street  
Spokane, Washington 99201  
509.838.4128  
Provides outpatient mental health counseling and case management services for adults, children and families.
- First Call for Help (Spokane Mental Health)  
107 South Division Street  
Spokane, Washington 99202  
509.838.4651  
Free 24 hour phone assistance, referrals, supportive listening and links to community agencies.

**Institute for Family Development**

<http://www.institutefamily.org>

720 West Boone Avenue  
Spokane, Washington 99201  
509.328.3802

Home builders and phase II programs include crisis intervention, family counseling, parenting skills, and life skills for families with children engaging in risk taking behaviors. Referrals through DCFS workers only.

**Mental Health Ombudsman for Spokane County**

905 West Riverside Avenue, Suite 507  
Spokane, Washington 99201  
509.624.1740

Assists persons eligible for publicly funded mental health services who have complaints or grievances about their services.

**NAMI (National Alliance for the Mentally Ill)**

<http://www.nami.org>

Peyton Building  
10 N. Post Street, Suite 638  
Spokane, Washington, 99201  
509.838.5515

24 hour family support, public awareness, understanding and basic human services for the mentally ill persons.

**NW Family Advocates**

319 West Hastings Road  
Spokane, Washington 99218  
509.326.8875

Family and individual counseling, working with adolescents and military families.

**Partners with Families and Children**

1321 West Broadway  
Spokane, Washington 99201  
509.473.4810

Partners with Families and Children provides a full range of services for children who have suffered abuse and/or neglect as well as provides mental health and chemical dependency treatment for parenting individuals and their family members

**Spokane County Community Services**

<http://www.spokanecounty.org>

WA counties counseling:

Counseling for Spokane Washington County residents.

**St. Joseph Family Center**

<http://www.stjosephfamilycenter.org>

1016 North Superior Street

Spokane, Washington 99202

509.483.6495

Outpatient counseling services for individuals, couples, families and children.

**Survivor Support Services**

Holland Building

9507 North Division Street, Suite G

Spokane, Washington 99218

509.484.4021

Support and counseling for all who have experienced and survived trauma, depression, addictions, codependency, abuse and family relationships.

**Tamarack Center**

2901 West Fort George Wright Drive

Spokane, Washington 99224

509.326.8100

Long-term, residential and psychiatric services for emotionally disturbed children/adolescents. Family involvement encouraged.

**RESIDENTIAL CARE FACILITIES FOR THE MENTALLY ILL**

**The Carlyle**

<http://www.carlylecare.com>

206 South Post Street

Spokane, Washington 99201

509.624.1999

Residential care and assisted living. LPN's and RN's on duty to assist with medication management, bathing, dressing and other needs.

**Sunshine House**

Boarding Care

10412 East 9<sup>th</sup> Avenue

Spokane Valley, Washington 99206

509.924.6020

Provides living options and programs for residents with mental health needs.

**Sunshine Terrace**

Boarding Care

1102 Raymond Road

Spokane Valley, Washington 99206

509.892.4342

Provides living options and programs for residents with mental health needs.

## HOUSING ASSISTANCE

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### SPOKANE COUNTY HOMELESS SHELTERS

#### **Alexandria's House (Pregnant Teens)**

949 East Augusta Avenue  
Spokane, Washington 99207  
509.489.0349

#### **Catholic Charities**

<http://www.catholiccharitiesusa.org>

- 32 West Pacific Avenue  
Spokane, Washington 99201  
509.624.7821  
Overnight accommodations for men only
- 12 East 5<sup>th</sup> Avenue  
Spokane, Washington 99202  
509.358.4250

#### **Crisis Shelter for Women and Children**

1234 East Sprague Avenue  
Spokane, Washington 99202  
509.535.0486

#### **Hope House Women's Shelter**

111 West 3<sup>rd</sup> Avenue  
Spokane, Washington 99201  
509.455.2886

#### **St. Anne's Children and Family Services**

25 West 5th Avenue  
Spokane, Washington 99204  
509.232.1111

Helping families with health care, housing, food, workforce development and economic security. Child care and parenting classes offered.

**Union Gospel Mission**

<http://www.ugmspokane.org>

1224 East Trent Avenue  
Spokane, Washington 99202  
509.535.8510  
FAX: 509.535.8510  
Housing for men.

**Volunteers of America Spokane-Crosswalk Youth Shelter**

<http://www.voaspokane.org>

525 West 2<sup>nd</sup> Avenue,  
Spokane, Washington 99201  
509. 838.6596  
For at risk youth ages 13 to 18.

**YWCA Spokane**

<http://www.ywcaspokane.org>

930 North Monroe Street  
Spokane, Washington 99201  
509.326.1190

**SPOKANE COUNTY HOUSING AGENCIES**

**County of Spokane: Housing and Community Development**

312 West 8<sup>th</sup> Avenue #447,  
Spokane, Washington 99204  
509.477.5722

Addresses high priority needs for lower income residents of Spokane County.

**SNAP: Main office**

<http://www.snapwa.org>

2116 East 1<sup>st</sup> Avenue  
Spokane, Washington 99202  
509.456.7111

- 500 South Stone Street  
Spokane, Washington 99202  
509.456.7106  
Homeless families, housing counseling, energy assistance, community voicemail

- Northeast Community Center  
4001 North Cook Street  
Spokane, Washington 99207  
509.487.1114  
For energy assistance you need an appointment, verification of income, verification of address and social security cards for everyone in the household.
- 212 West Second Avenue, Suite 100  
Spokane, Washington 99201  
509.744.3370  
Helping low to moderate income people who are ready to move towards economic change and growth.
- 10814 East Broadway  
Spokane, Washington 99206  
509.926.1054  
This office operates seasonally.
- 212 South Wall Street  
Spokane, Washington 99201  
509.456.7164
- 3102 West 5<sup>th</sup> Avenue  
Spokane, Washington 99204  
509.624.4804

**Homerun:** helping with damage deposits, moving costs, first month's rent, other costs and preventing evictions.

**Spokane Housing Authority**

<http://www.spokanehousing.org>

55 West Mission Avenue, Suite 104

Spokane, Washington 99201

509.328.2953

Section 8 housing vouchers, lottery, applicants, public housing.

**Spokane Low Income Housing Consortium**

315 West Mission Avenue, Suite 25B

Spokane, Washington 992014

509.325.3235

**TRANSITIONAL HOUSING**

**Anna Ogden Hall**

[http://www.ugmspokane.org/aoh\\_home.htm](http://www.ugmspokane.org/aoh_home.htm)

2828 West Mallon Street

Spokane, Washington 99201

509.327.7737

Long term residential program for women and women with children (boys under 10) FREE.

**Salvation Army**

<http://www.salvationarmyspokane.org>

- 204 East Indiana Avenue  
Spokane, Washington 99207  
509.325.6821  
**(For families)**
  
- 1403 West Broadway Avenue  
Spokane, Washington 99201  
509.325.6814  
**(For families)**

**St. Margaret's Shelter-Catholic Charities:**

101 East Hartson Avenue

Spokane, Washington 99202

509.624.9788

Emergency and transitional shelter for women.

**Transitions Program for Women:**

3128 North Hemlock Street

Spokane, Washington 99205

509.328.6702

**(For women and children only). Shelter/Transitional Living center.**



**Spokane Housing Ventures**

<http://www.spokanehousingventures.org>

715 E Sprague Avenue

Spokane, WA 99202-2142

509.232.0170

This is an organization that has listings for low income housing apartments.

Application fee \$33. Housing vouchers welcome.

## JUDICIAL INFORMATION

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### **Airway Heights Correction Center**

11919 West Sprague  
Airway Heights, Washington 99201  
509.244.6700

### **Benton County Jail**

7122 West Okanogan Place  
Kennewick, Washington 99336  
509.783.1451

### **City of Spokane Probation Department**

<http://www.spokanecity.org>

1100 West Mallon Avenue  
Spokane, Washington 99260  
509.622.5800

### **Crime Check**

509.456.2233

### **Crime Stoppers**

509.327.5111

### **Federal Defenders of Eastern Washington and Idaho (Spokane)**

<http://www.fdewi.org>

10 North Post Street, Suite 700  
Spokane, Washington 99201  
509.624.7606

### **Federal Defenders of Eastern Washington and Idaho (Yakima)**

<http://www.fdewi.org>

306 East Chestnut Street  
Yakima, Washington 98901  
509.248.8920

**Geiger Corrections Center**  
3507 South Spotted Road  
Spokane, Washington 99201  
509.477.3259

**Juvenile Court**  
1208 West Mallon Street  
Spokane Washington 99201  
509.477.4742

**Secret Witness**  
1100 West Mallon Avenue  
Spokane, Washington 99260  
509.327.5111

**Spokane City Prosecutor's Office**  
909 West Mallon Avenue  
Spokane, Washington 99260  
509.835.5988

**Spokane City Public Defender**  
<http://www.spokanecity.org>  
824 North Monroe Street  
Spokane, Washington 99201  
509.835.5955

**Spokane County District Court**  
<http://www.spokanecounty.org>  
1100 West Mallon Avenue  
Spokane, Washington 99260  
509.477.4770

**Spokane County District Court – Probation**  
<http://www.spokanecounty.org>  
1100 West Mallon Avenue  
Spokane, Washington 99260  
509.477.3857

**Spokane County Jail**

1100 West Mallon Avenue  
Spokane, Washington 99260  
509.477.2278

**Spokane County Municipal Court**

<http://www.spokanecounty.org>

1116 West Broadway Avenue  
Spokane, Washington 99260  
509.477.2222

**Spokane County Prosecutor's Office**

1100 West Mallon Avenue  
Spokane, Washington 99260  
509.477.3662

**Spokane County Public Defender**

<http://www.spokanecounty.org>

1033 West Gardner Avenue  
Spokane, Washington 99201  
509.477.4246

**Spokane County Superior Court**

<http://www.spokanecounty.org>

1116 West Broadway Avenue  
Spokane, Washington 99260  
509.477.5790

**Spokane Police-Front Desk**

1100 West Mallon Avenue  
Spokane, Washington 99260  
509.625.4000

**Spokane Sheriff's Front Desk**

1100 West Mallon Avenue  
Spokane, Washington 99260  
509.477.2240

**Washington Corrections Center**  
2321 West Dayton Airport Road  
Shelton Washington 98584  
360.426.4433

## LEGAL ASSISTANCE

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### **Housing Justice Project**

1704 West Broadway Avenue  
Spokane Washington 99201  
509.324.0144

A homeless prevention program providing free legal assistance and advice for tenants.

### **Spokane County Bar Association Volunteer Lawyer Program**

<http://www.spokanebar.org>

1402 West Broadway Avenue  
Spokane, Washington 99201  
888.201.1014

Legal assistance program for free legal advice. Legal representation for low income people in civil matters.

### **Spokane County Bar Association Volunteer Lawyer Program**

<http://www.spokanebar.org>

1704 West Broadway Avenue  
Spokane, Washington 99201  
509.462.3701

Bankruptcy, consumer suits, child custody, dissolution of marriage, housing, and juvenile help.

### **University Legal Assistance**

721 North Cincinnati Street  
Spokane, Washington 99202  
509.313.5791

Pro bono work, tribal law, last will and testaments.

### **Volunteer Legal Assistance**

509.324.0144

Legal students volunteering assistance.

## **SPOKANE COUNTY JAIL GENERAL INMATE INFORMATION**

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### **PICKING UP INMATE PROPERTY**

Before an inmate can release his/her personal property, he/she must get approval. Once approval has been granted, inmate property can be picked up at the cashier window located in the lobby of the Spokane County Jail. The cashier window is closed from 12:00 to 1:00 p.m. daily and from 5:30 p.m. to 7:00 p.m. daily.

In order to pick up property, you must be the person specified by the inmate and you must have photo identification. Once you get to the jail to pick up property, you will need to wait for staff to retrieve the property. If you do not have the time to wait, please come back at a time that is more convenient for you.

If property has been seized as evidence, contact the City Property Facility at 1307 W. Gardner, 509.625.4130.

### **LEAVING PROPERTY FOR AN INMATE**

Spokane County Jail will accept the following property for inmates:

- One set of clothing for court, including dress shoes, for superior court only if there is a jury trial or if the inmate is going to be a witness, and for federal court appearances
- Prescription eye glasses
- Any medical item ordered by the jail physician
- Medical coupons
- Money

All other items must be pre-approved by a shift sergeant. Outside prescription medication is NOT allowed for inmates.

Property for an inmate needs to be left at the reception counter during visiting hours and at the cashier window during non-visiting hours. NOTE: Property is NOT accepted during the hours the cashier window is closed. Also note that if you are leaving money for an inmate bring the exact change because the jail does not make change or you may send the inmate money in the form of a money order made payable to the inmate.

## **COMMISSARY RULES**

Inmates can purchase food or personal items from the jail commissary. Each inmate receives commissary once a week. Inmates housed in the east side of the facility receive commissary on Mondays and inmates housed in the West side of the facility or the annex receive commissary on Thursdays. Money must be on the inmates account by the time the inmate submits his commissary order.

## **PHONE CALLS**

The Spokane County Jail does not accept incoming phone calls for inmates unless an **EXTREME** emergency exists. If you feel you have an extreme emergency situation, you need to call back and ask for the on-duty shift sergeant.

Inmates are allowed to make outgoing collect phone calls to persons of their choice. If you accept a collect call from an inmate from the Spokane County Jail you will be charged by the minute. Spokane County Jail does not take messages for inmates.

## **IMPOUNDED VEHICLES**

If an inmate's vehicle has been impounded, you need to call the arresting agency. The Spokane County Jail does not have any information about impounded vehicles.

- For a city arrest, call the city desk at 509.625.4100
- For a county arrest, call the county desk at 509.477.2240
- For a Washington State Patrol arrest, call their office at 509.456.4101
- On weekends call, Spokane County & Spokane Valley City at 509.477.6929 and 509.477.5980

## **POSTING BAIL OR BOND**

Spokane County Bonds must be posted at the appropriate court during business hours.

<b>Municipal Court</b>	8:00am - 4:45pm
<b>District Court</b>	8:30am - 4:45pm
<b>Superior Court</b>	8:00am - 4:45pm



The jail will accept bonds when the courts are closed. They do not accept checks or credit cards, CASH ONLY, and it must be paid in the full amount only or you may go through a bail/bond company.

### **COURT DATES & WARRANTS**

If you want to know an inmate's next court day or if you want to know if there is a warrant for your arrest, please call the appropriate court at the following numbers:

- Spokane Municipal Court                      509.624.4400
- Spokane District Court                         509.477.4770
- Spokane Superior Court                        509.477.5790

### **NOTARY PUBLIC**

If you have a document that an inmate needs to notarized, send the document to the inmate through the U.S. Mail. The inmate can request a notary via the inmate request system and once the document is notarized the inmate can send it back via U.S. Mail.

### **MARRIAGE LICENSES**

If you wish to marry an inmate of the Spokane County Jail, contact the Library Services Officer at 509.477.6672 and they will explain the procedure to follow.

## **SPOKANE COUNTY JAIL VISITING INFORMATION**

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### **VISITORS DRESS CODE**

Effective May 15, 2007 the Spokane County Jail adopted the following dress code for visitors:

- Shoes and shirts are required
- No steel toed boots or shoes
- Clothing must fit appropriately
- Proper undergarments are required to be worn
- Dresses or skirts must be mid-thigh or longer
- No sexually explicit, obscene/offensive language or clothing that resembles inmate attire
- No gang referencing material
- No transparent or see through attire
- No bare midriff
- No low-cut or revealing necklines
- No backless tops, tube tops, halter tops or tank tops
- No mini skirts or similar attire
- No skin tight clothing

If you do not meet these dress-code standards, you will not be allowed to visit.

### **VISITING HOURS FOR THE SPOKANE COUNTY JAIL**

#### Scheduling Visits

It is recommended that you schedule your visits at the Jail in advance but it is not mandatory. Visits may be scheduled up to 14 days in advance. Scheduled visits occur from 9:00 – 3:00 p.m. You may not add people to a visit after it is scheduled. Scheduled visits will take priority. Only one visit (either drop in or scheduled) may be in the system at any time. That visit must be completed before another visit may be scheduled. Drop-ins will be accommodated as time allows. Call 509.477.6752 to schedule a visit.

## Jail Visiting Schedule

Monday – Friday

8:45 - 9:45

10:00 – 11:00

1:00 – 2:00

2:30 – 3:30

There is no visiting on the weekends, in the evenings or on Federal Holidays. Visiting is on a first-come, first-serve basis.

## GEIGER CORRECTIONS VISITING SCHEDULE

Visits are scheduled by housing assignment

**\* All visiting apts. are 45 minutes \***

**Visiting start times:**

<b>Bldg-Floor</b>	<b>Sat.</b>	<b>Sun.</b>	<b>Mon.</b>	<b>Tue.</b>
A-3	2:10 p.m. 6:45 p.m.	1:00 p.m. 9:00 p.m.	2:10 p.m. 9:00 p.m.	3:15 p.m. 8:05 p.m.
A-2 & B-1	1:00 p.m. 8:05 p.m.	2:10 p.m. 6:45 p.m.	3:15 p.m. 8:05 p.m.	2:10 p.m. 9:00 p.m.
B-2 & B-3	3:15 p.m. 9:00 p.m.	3:15 p.m. 8:05 p.m.	1:00 p.m. 6:45 p.m.	1:00 p.m. 6:45 p.m.

Inmates who have been in custody for less than 30 days receive one visit per week. Inmates that have been in custody for 30 days or more receive three visits per week. The visiting week begins on Mondays.

Juveniles accompanied by a parent or legal guardian may be permitted to visit inmates housed in this facility. It is the responsibility of the adults accompanying juveniles to prove that they are either a parent or legal guardian of the child. All visitors need photo identification that is issued by a local, county, state or federal agency.

## **TRANSPORTATION SERVICES FOR SPOKANE COUNTY**

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### **Amtrak Train Station**

221 West 1<sup>st</sup> Avenue  
Spokane, Washington 99201  
800.872.7245

### **City Cab**

3330 East Euclid Avenue  
Spokane, Washington 99217  
509.455.3333

### **Dollar Rent-a-Car**

- 9000 West Airport Drive  
Spokane, Washington 99219  
509.747.2191
- 8014 East Sprague Avenue  
Spokane Valley, Washington 99212  
509.892.2103

### **Enterprise Rent-a-Car**

- 2727 North Division Street  
Spokane, Washington 99207  
509.328.0173
- 3 West Third Avenue  
Spokane, Washington 99201  
509.458.3340
- 1426 East Francis Avenue  
Spokane, Washington 99207  
509.489.6115

### **Greyhound Bus**

<http://www.greyhound.com>

221 West 1<sup>st</sup> Avenue  
Spokane, Washington 99201  
509.624.5251

**Lilac City Cab**

1414 North Belt Street  
Spokane, Washington 99201  
509.838.9800

**Spokane Cab**

704 East Pacific Avenue  
Spokane, Washington 99202  
509.568.8000

**Spokane Transit Authority Public Transportation System**

<http://www.spokanetransit.com>

701 West Riverside Avenue  
Spokane, Washington 99201  
509.328.RIDE (7433), TTY 509.456.4327

**Thrifty Car Rental**

<http://www.thrifycarrental.com>

- 8022 East Sprague Avenue  
Spokane Valley, Washington 99212  
509.448.8800
- 9000 Airport Drive  
Spokane, Washington 99224  
509.838.8223
- 6418 North Wall Street  
Spokane, Washington 99208  
509.482.7716

## **VETERAN ASSISTANCE**

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### **VETERAN FRATERNITIES AND SUPPORT RESOURCES**

Organizations that help veterans through associations. Helping veterans socially as well as with benefits, advocacy and healing.

#### **American Gulf War Veterans Association**

<http://www.gulfwarvets.com>

#### **American Legion**

<http://www.legion.org>

260.220.6223

#### **American Veterans**

260.220.6244

#### **Gulf War Veterans**

<http://www.gulfweb.org>

#### **Iraq and Afghanistan Veterans of America**

<http://www.iava.org>

#### **Military Order of the Purple Heart**

206.220.6230

#### **National Association of the Black Veteran**

253.475.5606

#### **Paralyzed Veterans of America**

<http://www.pva.org>

#### **Veterans for Peace**

<http://www.veteransforpeace.org>

#### **Veterans of Foreign Wars**

<http://www.vfw.org>

206.220.6191

**Veteran to Veteran LL**  
<http://www.chadit.com>

**Vietnam Veterans of America**  
<http://www.vva.org>  
206.220.6731

## **VETERAN SERVICES**

**A Time for Veterans**  
<http://www.timeforveterans.org>  
5021 East 9<sup>th</sup> Avenue  
Spokane Valley, Washington 99212  
509.768.0323

No cost mental health and emotional support for veterans and their families.

## **Colleges/Universities with Veterans Outreach Centers**

**Spokane Community College**  
1810 North Greene Street  
Spokane, Washington 99217  
509.533.7027

Readjustment counseling, employment assistance and counseling for women's issues.

## **Disabled American Veterans Outreach Program**

911 North Madison Street  
Spokane, Washington 99205  
509.325.1720

A wide variety of services from mobile services to homeless veterans and disaster relief.

## **Eagle's Rest Veterans Housing (VOA)**

1523 North Regal Street  
Spokane, Washington 99207  
509.328.4685

Transitional housing for veterans.

**Spokane County Veterans Coalition**

Secoma Building

1102 West College Avenue

Spokane, Washington

509.477.3690

Assesses and addresses veteran's needs.

**Spokane Falls Community College**

3410 West Fort George Wright Drive

Spokane, Washington 99224

509.533.3504

Help with veteran's benefits, enrollment, work study and work opportunities.

**Spokane VA Medical Center/U.S. Department of Veteran Affairs**

4815 North Assembly Street

Spokane, Washington 99205

509.434.7201

Hospital services for disabled and eligible vets.

**Spokane Veterans Home**

222 East 5<sup>th</sup> Avenue

Spokane, Washington 99202

509.344.5770

Long term nursing care for veterans in Eastern Washington.

**Tribal Veteran Assistance Representatives**

- Colville/Spokane Tribe  
Nespelem, Washington 99155  
509.634.2755
- The Confederated Tribes of the Colville Reservation  
509.634.2200
- Kalispel Tribe  
Usk, Washington 99180  
509.445.1147 ext. 241



- Nez Perce Tribe  
Lapwai, Idaho 83540  
208.843.7324  
Aiding veterans with benefits, family and individual help.

### **Veterans Affairs Department**

705 West 2<sup>nd</sup> Avenue  
Spokane, Washington 99201  
509.462.2500

Assists homeless veterans with benefits, education, health care, rehabilitation and residential care.

### **Veterans Outreach Center**

100 North Mullan Road  
Spokane, Washington 99206  
509.444.8387

Counseling services for veterans and the families of active duty servicemen

### **Veterans PTSD Counseling Program**

<http://www.dva.wa.gov>

360.725.2226/800.562.2308

### **Washington State University**

534 East Spokane Falls Boulevard  
Spokane, Washington 99202  
509.335.1857

Student Veterans Committee that's trying to raise awareness for benefits, legislation and on campus activities.

### **WorkSource Spokane-Veterans Department**

130 South Arthur Street  
Spokane, Washington 99202  
509.532.3100/509.532.3102

Helping veterans find employment.

## **WEBSITES FOR STATE AND FEDERAL AGENCIES**

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**National Resource Training Center on Homelessness and Mental Illness**  
<http://www.nrchmi.samhsa.gov>

**Programs for Assistance in Transition from Homelessness (US SAMHSA)**  
<http://pathprogram.samhsa.gov>

**United States Department of Housing and Urban Development**  
<http://www.hud.gov>

**United States Department of Veterans Affairs**  
<http://www.va.gov>

**Washington State Department of Community Trade and Economic  
Development, Housing Division**  
<http://www.cted.wa.gov>

**Washington State Department of Corrections**  
<http://www.doc.wa.gov>

**Washington State Department of Health**  
<http://www.doh.wa.gov>

**Washington State Department of Social and Health Services**  
<http://www1.dshs.wa.gov>

**Washington State Department of Veterans Affairs**  
<http://www.dva.wa.gov>

**Washington State Department of Veterans Affairs**  
<http://www.dva.wa.gov>

**Washington State Employment Security Department**  
<http://fortress.wa.gov>

**Washington State Housing Finance Commission**  
<http://www.wshfc.org>

**Washington State Interagency Council on Homelessness**  
<http://cted.wa.gov>

**Washington State Office of the Superintendent of Public Instruction,  
Homeless Education**  
<http://www.k12.wa.us/HomelessEd/>

**Washington State Ten Year Plan to End Homelessness**  
<http://qa.cted.wa.gov>



